

Please complete all steps AFTER June 1, 2024 for the 24-25 school year

<u>STEP 1</u>: Student-Athlete must have a current sports physical completed on the 4/24 - EL2. Please bring this form with you to the physician's office.

On page 4 of 4 of the EL2 form, please make sure that the following are filled in:

- Physicians name, address, physician's license #, date of exam and physician's signature.
- If applicable, check off the box that states "If there is no relevant medical history to share related to participation in competitive sports".
- If there is relevant medical information to share, please state what it is.
- <u>Both student/parent must sign and date form.</u>

FHSAA EL2 form can be found at: https://fhsaa.com/documents/2023/3/3/EL2_Form.pdf

<u>STEP 2</u>: Student-Athletes must complete the following free NFHS courses for their Athletic Clearance: Concussion for Students, Heat Illness Prevention, Sudden Cardiac Arrest

NFHS Learn courses can be found at: <u>https://nfhslearn.com/</u>

* All certificates must have **student-athletes** full name on them. Save a copy of the studentathletes certificates, they will need to be uploaded to athleticclearance.com

STEP 3: Create Athletic Clearance account.

Athletic Clearance can be found at: https://athleticclearance.fhsaahome.org/

- Complete and sign ALL required paperwork
- Select <u>ALL</u> the sports your child might participate in for 2024-25 school year

<u>STEP 4:</u> Upload the following documents:

- EL2 page 4 of 4 ONLY DO NOT upload pages 1-3
- NFHS Learn Certificates with student-athletes name on them:
 - -Concussion for Students, Heat Illness Prevention and Sudden Cardiac Arrest
- Upload a copy of student's health insurance card

<u>STEP 5</u>: Wait for your child to be cleared. Clearances must be submitted by the deadline date. If not, the student-athlete may not be permitted to tryout. Deadline dates are fluid by season.